# Toileting

<table>
<thead>
<tr>
<th>What you might see</th>
<th>What this could mean</th>
<th>Strategies</th>
</tr>
</thead>
</table>
| • Child has difficulty transferring on and off toilet safely.  
• Child is having difficulty managing clothing.  
• Child is having difficulty attending to personal hygiene after toileting.  
• Child forgets to go to toilet or leaves this until too late.  
• Child has difficulty accessing soap dispensers and washing and drying hands. | • Muscle weakness  
• Impaired balance and postural control.  
• Reduced manual dexterity and fine motor strength.  
• Reduced awareness and orientation – poorly established routines.  
• Poor memory / problems with sequence for personal hygiene. | • Ensure child has access to appropriate facilities for toileting, e.g. modified toilet as recommended by the occupational therapist.  
• Ensure a safe area for transfer to toilet. Assistance may be required – teachers aide support.  
• Allow for adaptive clothing.  
• Teacher provides prompts re regular toilet breaks – establish routine with child.  
• Allow for adaptive equipment.  
• Establish sequence / routine for toileting. |